

PARK TOWER HEALTH CLUB COMMISSION (PTHCC) MEETING

MINUTES FOR

March 25, 2026

ATTENDEES:

- Commission Members: Monique Fouant, Neil Averick, David Kazarian, Balduv Mehra, Rikke Vognsen
- Out of town: Robert Laskov, Erik Butka – unavailable
- Management: Scott Turton
- Additional attendees: Betty Burlledge, Dale Drew, Jerome Finn, Hossain Naziri, Ralph Netz, Will Oren, Becky Rossof, and Andrew Swithon

1. Lighting etiquette – discussion on lights when a member asked that the lights remain on.

There was discussion on lighting etiquette in the health club. Monique proposed a rule allowing members to request lights be turned on, particularly early in the morning for safety reasons. Also, a HC member mentioned the light above treadmills #4 and #5 is close to your head and is very bright.

Post Meeting note: An email was sent to HC members and posted in the PT News stating the following: “If the lights are on when you enter a space, and other members are present, they must be left on. If you prefer the lights to be off, ask all other members present if they agree to have them turned off. If anyone says no, please understand lights being on is the priority setting.”

Regarding the light fixture above treadmills #4 and #5, dimming that individual light cannot be accommodated unless the entire cardio room is rewired. And it is not possible to change the light bulb (panel) above the treadmill to a dimmer bulb without changing the entire light panel. All the lights in the cardio room are on a dimmer switch.

2. Discussion on wearing earbuds when watching a movie, tv show etc on your tablet or while listening to music

Post Meeting note: Also, in the email sent to HC members and posted in the PT News, the following two items were written:

#1 “Please limit real time phone conversations. If you have a phone call, step outside the gym. A well-managed and coordinated workout requires concentration. Puncturing that experience with personal phone conversation is unwelcome and some would argue very rude.”

#2. “Use headphones! We know you love that podcast, or that EDM station – trust us, everyone else doesn’t. **YOU MUST WEAR HEADPHONES** when listening to anything; music, news, podcasts, that phone call (see above). Don’t be rude. Wear your headphones. Just like with those rogue phone calls, puncturing other members exercise experience with noise is unwelcome and some would argue very rude.”

3. Racquetball court – Discussion on use

The HC committee discussed the use of the racquetball court. Monique mentioned that it is used for racquetball, as well as ping pong, rhythmic dancing, and stretching. The meeting focused on discussing potential changes to the racquetball court space and equipment arrangements. Rikke proposed surveying members about their usage of the racquetball court to determine if it should be repurposed, and the group decided to postpone further decisions until receiving this feedback. Rikke will prepare the survey. The discussion also covered the request for additional TRX equipment, though space constraints were identified as an obstacle. It was decided to not purchase a second TRX.

4. Additional Discussion Items and Updates:

- Will provided an update that new furniture would be purchased for both indoor and outdoor areas, including the deck and pool areas, as well as replacing some plastic furniture in the cardio and weight rooms.
- If you don't know how to handle a situation, don't hesitate to contact the Management Office. If you encounter someone using equipment improperly, please let the office know (if you don't call immediately then make sure you mention the time and date it was observed).
- David Kazarian will be retiring at the end of the month. Thank you for your years of service.

Submitted by

MONIQUE FOUANT, Acting CHAIRPERSON