## $\vartheta$ <br>  <br> ParkTower

ur•ban - (adj) - "of, pertaining to, or comprising a city or town"<br>a•non-y•mous - (adj) "without any name acknowledged"<br>\section*{"URBANONYMOUS"}

What's URBANONYMOUS? It's one of the negative symptoms springing out of highrise living. But ... it CAN be cured!

URBANONYMOUS is, quite literally, being a city unknown! We live over or under other human beings, have next door neighbors, see each other in elevators, lobbies, stores, the garage --- yet the meetings frequently contain no words, no smiles, no interest and no enthusiasm.

Perhaps the following paragraphs written by a visitor to Park Tower offer some food for thought.
"My visit to Chicago for one of the Doctor of Ministry Courses was educational, but I learned just as much in the lobby of the apartment building where I stayed as I did in the official classroom.

Although the visiting time was limited, I had the opportunity of staying with my brother and sister-in-low while in Chicago, and as they live on the 55th floor, I took the elevator. Even on a crowded elevator, there were those who acted as though no one else was there -- no smiling, no talking ... nothing. But, the most radical transformation took place after one entered the lobby! Those going into the lobby were greeted by a friendly smile and a warm "Hello" from the Doorman. I noticed one person after another having their day brightened by the geniune friendliness of this one person. Kids visited with him, and both children and adults seemed more ready to greet the day because of their encounter with him.

I learned that a little can do a lot. I learned that people and their attitudes can change frowns to smiles and yuks to yips ... and frogs into Princes and Princesses.

May God cause beautiful things to happen to you".


PARK TOWER PEOPLE
That WAS a Christmas Tree spotted in the window of an 18th floor home, and the occasion was a delightful Christmas in July Open House hosted by NOREEN CALUS. In addition to the traditional Christmas decorations, the food goodies included positively the best Swedish Meatballs this side of Sweden and Christmas Toast with Egg Nog! JAN ZIELKE, like many other guests, felt Christmas in July was a very good idea, no long shopping lines and heavy clothing! Also, because the whole evening and food proved so enjoyable ... many felt that NOREEN should have a NEW YEAR'S PARTY -- in AUGUST, of course!

If there's a spring in the steps of ABE PERLMAN, it could be due to his wonderful 95th Birthday Party, celebrated with 35 guests at JONATHON'S. One of the "highlights", we hear, was the appearance of a rather charming belly dancer --- good enough reason for $A B E$ to celebrate many more Happy Birthdays!!!

We're happy to report that RUBY LIPPERT is on the go again, following surgery. She's accomplished a rapid recovery, is out and around again -- proving that you just can't keep a good person down.

## GOINGS ON ...

THE PARK TOWER SOFTBALL TEAM, we're sad to report, lost it's first meeting with neighboring Lake Terrace -- but not by much, the July 18 th final score was 15 to 16. FRANK GOMES reports that due to the success of the turnout, Saturday afternoon Softball will continue through the Summer months. Softball loving guys and gals are invited to meet in the park behind Park Tower, Saturday afternoons at 2 SHARP. Naturally, Park Tower residents are welcome, too, for the purpose of cheering our Team on to VICTORY!!!

LATE NEWS FLASH -- The cheering worked on July 25th. The Park Tower Team came from behind to win with a score of 25 to 22!

Are you one of those people who has been suffering from Air Pollution? We're not talking about the ozone kind, we're referring to air pollution caused by PORTABLE RADIOS accompanying the sunbathers on the sun decks. We can't figure it out, most portable radios come with EAR PLUGS as standard equipment -- and perhaps it would be a thoughtful gesture to use ear plugs and stick it in the ear!

THE FIRST JOGGING SESSION for Park Tower residents took place with great success. Each member managed to walk or jog one mile THE FIRST TIME OUT ... CONGRATULATIONS: New members are still welcome (no jogging experience necessary) to join in the fun of jogging. The Meetings have been extended through August. So, come and join the PARK TOWER JOGGERS -- Tuesday and Thursday evenings - 7PM at the BACK DOOR of Park Tower.

> WHOOPS ... Last month's DID YOU KNOW mentioned the availability of WE GOOFED!

It's 8:00AM. Oh yes, I nearly forgot, I don't have to work today so I can sleep late!

What's this humming sound ... almost like an electric motor of some sort. And, that radio music out side, it's getting louder and louder, almost as if it were right outside my bedroom window.

Oh no! Just as I thought -- the ropes are up and this means I can expect another untimely visit from the "in-the-flesh" window washers AND they' 11 be able to see me in a matter of moments IF I don't act quickly. My options:

1. I can stay in my "natural state" under the covers, attempt a smile and try to greet them in a nonchalant manner. Better yet, I'd rather torture myself by pretending I'm still asleep!
2. RUN FOR THE SHADES:!:! A very good idea ... if I beat them to the windows! If not, well besides my embarassment, I'm worried about shocking them clear off their little scaffold!
3. In the classic "Woody Allen Common Sense Approach", I'll now demonstrate what I term "active fleeing."

I SPRING INTO ACTION WITH PLAN NUMBER 3. The way I figure it, if the window washers D0 happen to catch a glimpse of my "good nature" rounding the corner, it's just my way of saying ... "have a good day."

DID YOU KNOW ... that the Association is considering ways to improve the Health Club? Please present your ideas and suggestions IN WRITING to our Health Club Supervisor, STEPHEN PETRAS, before September 1.

REMINDER: OPEN BOARD MEETING
WEDNESDAY, AUGUST $12-8 P M$
PARK TOWER PARTY ROOM
All are invited to attend.


## CLIPPINGS FROM THE FILES ...

Thanks to those people who have taken the time to write the various officials in response to last month's article on the proposed high rise across the street. If you lost the addresses, call JAN ZIELKE weekdays at 828-0800, she' 11 make sure you get a copy of the names and addresses.

REMEMBER TO OBEY THE SPEED LIMIT IN THE GARAGE!:!

## NOW'S THE TIME TO WALK FOR NOW:

Chicago National Organization for Women is sponsoring a WOMEN'S EQUALITY DAY WALK-A-THON fund raising event. This is open to WALKERS and SPONSORS and will be held on SUNDAY, AUGUST $23 r d$ at 12 Noon. The walk begins at Gill Park Fieldhouse ( 3900 North at Sheridan and Broadway) and those interested in more information can call CHICAGO NOW - 922-0025.

## SOMETHING NEW FOR NEW MOTHERS:

Beginning August 13th, Emanuel Congregation (5959 North Sheridan Road) will offer a six week discussion group for new mothers. The program, which is held in cooperation with the Jewish Family and Community Services, will be held each Thursday, 10 to 11:30AM. In these supportive, small group settings (babies are welcome) participants will discuss the feelings and concerns related to motherhood and the impact a new baby has on the family. These discussion groups will be led by Penina Frankel, PHD, Family Life Educator at Jewish Family and Community Service. For more information and registration, call Bobbi White at 989-7867 by August 6th.

This is YOUR Newsletter::! If you have information you'd like to see included, mark it "NEWSLETTER" and drop it in the lock box in the front lobby.

## NOTES FROM THE EDITOR



This August edition marks the third stop in a voyage that has enabled me to meet some very nice people -- all doing their part to help "put the paper to bed" each month. THANKS to Joy Pipala, Jim Byrd, Irv Heller, Ruby Lippert, Leslie Dochterman, Sandra Gold, Dr. Herb Zimmerman, Ed McGowan, Frank Gomes, the Doormen for encouragement and to Roy Perry for typewriter assistance. Also, to Anne Marie, Kelly and Ann for answering questions and digging up information.

Happy August, everyone:
Jan Zielke, Editor

Te have had some favorable responses regarding activities, but we sure ould like to hear from more of you.

PLEASE DROP YOUR SUGGESTIONS IN THE LOCK BOX IN THE FRONT LOBBY. The success of these activities depends on your response and participation. Come out and give us your support!

We would appreciate a volunteer to TEACH BRIDGE. The Activities Committee is still welcoming volunteers to help with the various events.

If you can volunteer as a Bridge Teacher of if you are interested in being on the Activities Committee, please call SANDRA GOID, weekdays 9 to 5 at 943-5600, extension 228.

## AUGUST HIGHLIGHTS:

BEGINNER JOGGING
Tuesday \& Thursday 7 PM
Meet at the BACK door.

ITKE RIDING
T.Jednesdays

2 M
Meet at the BACK door.

PARK TOWER SOFTBALL TEAM
Saturday Afternoons at 2
(for guys \& gals)
Park area behind Park Tower.

GRANT PARK PICNIC/CONCERT
Saturday, August 22nd 5PM
Meet in FRONT LOBBY.
(SAVE CALENDAR ON THE OTHER SIDE OF THIS SHEET)

COMING IN SEPTEMBER ...

* "Search for Alexander" at the Art Institute
* Chicago Bus Tour

IT'S EASY TO FORGET . . . BUT VERY THOUGHTFUL TO REMEMBER THAT ...
... there is a NO SMOKING RULE in the elevators:
... items ARE NOT to be stored OUTSIDE storage bins:
... that ALL BIKES IN THE BIKE ROOM MUST BE REGISTERED with the Management.

2 PM SOFTBALL
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